Alternatives to codeine in rural and remote Australia

New rules regarding codeine-containing medicines came into effect on 1 February 2018.

There are many alternatives for managing pain without codeine. If you want to find out more, talk to a doctor, nurse, Aboriginal Health Worker or pharmacist.

More info:

ruralhealth.org.au/codeine

crana.org.au

acrrm.org.au/codeine

rdaa.com.au/resources/useful-links