Delivering quality education & training to the remote and isolated health workforce throughout Australia
Preparation through education is less costly than learning through tragedy

Max Mayfield, Director National Hurricane Centre

PHOTO: CHRIS CLIFFE
CRANAPlus education for remote and isolated health professionals

‘Distance is no barrier’

CRANAPlus is dedicated to the development and delivery of high quality education programs that support and develop remote and isolated Health Practitioners. CRANAPlus recognises that excellence in learning is key to the delivery of best practice and safe health care and the retention of a skilled remote and isolated health workforce.

We understand the challenges in accessing quality education in remote locations. Courses are scheduled all over Australia and its Territories including easier to reach urban venues and regional catchment areas, as well as the core regular visits to the more remote areas of Australia.

We deliver education courses, which are clinically relevant across the lifespan and grounded in contemporary, evidence-based practice. Our courses are designed and written by a team of health professionals with unique skills in remote health, emergency, critical care and/or midwifery and clinical education.

Our Courses are unique in that they:

• Are contextualised to remote and/or isolated practice needs
• Take into consideration jurisdictional differences and the broader needs of the health professional
• Encourage candidates to apply the knowledge and skills learnt within the context of the policies of the employing health service and within each individual’s own scope of practice

All of the CRANAPlus Education Courses utilise the evidence-based improvement strategies provided by the National Safety and Quality Health Service (NSQHS) Standards that ensure all participants improve the quality of health service provision in remote and isolated practice.

CRANAPlus is a Registered Training Organisation (RTO No.40719) providing quality-assured and nationally recognised training and assessment to remote and isolated health practitioners across Australia.

All CRANAPlus courses attract CPD points with the accepted method of calculation being 1 hour of learning earning 1 CPD point. Further information on accreditations, endorsements and nationally accredited training for each course can be found on the CRANAPlus website.

CRANAPlus Director Education Services
CRANApplus Remote Emergency Care Course

• Are you prepared for a critically ill or injured patient?
• Would you like to develop a systematic approach to prioritising care?
• Are you required to stabilise the patient before transporting?
The whole course, every part of it, is hard to fault. All the facilitators are absolutely amazing and full of valuable and accurate knowledge. Can’t thank you all enough for an enjoyable and motivational experience.  Alice Springs, NT 2017

Overview
The Remote Emergency Care Course (REC) is designed to enable the health workforce to develop the knowledge and skills necessary to respond with confidence to emergency situations and to deliver safe, evidence based quality care in the remote and isolated setting.

Who is this course for?
REC is designed to meet the learning needs of the remote and isolated health workforce (Nurses, Midwives, Aboriginal & Torres Strait Islander Health Workers/Practitioners, Paramedics and Medical Officers) who may be required to provide emergency care to the critically ill or injured patient.

* For many employers REC is a mandatory prerequisite to work in remote locations

Course Delivery
REC consists of 4 components:

1. Online pre-course readings and assessments:
   • REC Manual and multi-choice quiz
   • Basic Life Support multi-choice quiz
2. Attendance at a face to face workshop consisting of lectures, skill stations and practical based scenarios
3. Basic Life Support clinical assessment
4. An individual scenario based clinical assessment

If you are seeking RACGP continuing professional development points you must also, in addition to the above, complete and submit a reinforcing activity.

Graduates of this course will be able to:

- Demonstrate principles of management of the acutely ill and injured patient/s in the remote and isolated setting
- Describe and implement a systematic patient assessment approach to the acutely ill or injured patient
- Explain the different requirements of ill or injured patients through the life span including the unique differences in managing paediatric and obstetric patients
- Demonstrate competence in skills required to support the findings of the systematic assessment
- Demonstrate knowledge and skills in the management of airway, breathing, circulation and spinal immobilisation
- Perform basic life support as per Australian Resuscitation Council guidelines.
CRANAnplus Maternity Emergency Care Course

- Does the sight of a pregnant woman in your clinic make you nervous?
- Would you know what to do if a pregnant woman came to your clinic/hospital in labour, and no midwife was available?
Thank-you all for the “best” CRANA course/best course I have ever done. I have learnt so much through the reading/literature you provided and consolidated it with your knowledge and presentation. Lorne, VIC 2017

Overview
The Maternity Emergency Care Course (MEC) is designed to enable the health workforce to develop the knowledge and skills necessary to provide emergency care for pregnant women and their babies.

Who is this course for?
MEC is designed to meet the learning needs of the remote and isolated health workforce (Nurses, non practising Midwives, Aboriginal & Torres Strait Islander Health Workers/Practitioners, Paramedics, and Medical Officers) who may be required to provide emergency maternity care.

Course Delivery
MEC consists of 4 components
1. Online pre-course readings and assessments:
   • MEC Manual and multi-choice quiz
   • Cultural Considerations in Maternity Care and multi-choice quiz
2. Attendance at a workshop consisting of lectures, skill stations and practical based scenarios
3. Completion of an on-course multiple choice quiz
4. An individual scenario based clinical assessment

Graduates of this course will be able to:
- Incorporate the principles of cultural safety into the care of the women in pregnancy, labour and immediately following childbirth
- Demonstrate the principles of first line emergency management of a woman in labour and immediately following childbirth
- Identify appropriate responses to the following maternal and neonatal complications:
  - Pre-term labour
  - Vaginal bleeding in pregnancy
  - Diabetes Hypertension
  - Pre-eclampsia
  - Maternal trauma
  - Birth asphyxia;
  - Post partum haemorrhage

NB. Please refer to the Midwifery Upskilling Course if you are a current midwife.
CRANApplus Advanced Remote Emergency Care

- Are you expected to be a competent and current practitioner with advanced emergency skills and knowledge?
- Do you have the ability to provide leadership in an emergency situation?
- Do you have advanced communication skills?
- Are you expected to be a competent Advanced Life Support (ALS) provider?
Overview
The Advanced Remote Emergency Care Course (AREC) aims to extend the competencies of the experienced remote and isolated health practitioner to an advanced level beyond that of the REC Course. It has a focus on team leadership, critical thinking and communication in emergency situations.

Who is this course for?
AREC is designed to meet the learning needs of the experienced rural, remote and isolated health practitioner especially Nurses and remote GP’s who are involved in the immediate care of the critically ill or injured person and are required to provide advanced emergency skills, critical thinking, advanced communication skills and team leadership.

Prerequisites include one or more of the following:
- Successful completion of a CRANAplus Remote Emergency Care Course (REC) or equivalent emergency care course within the last 2 years and/or;
- Recent and relevant acute clinical experience within the last 2 years and/or
- Relevant postgraduate qualifications in emergency or critical care
- Current basic life support certificate

Course Delivery
AREC consists of 3 components
1. The following online pre-course work:
   - Advanced Life Support Course and theory assessment
   - AREC Manual and application of theory activities
2. Attendance at a 3 day face to face workshop consisting of lectures, skill stations and practical based scenarios
3. Individual scenario based clinical assessment (1 ALS and 1 Trauma Management)

Graduates of this course will be able to:
- Demonstrate the application of the Australian Resuscitation Council algorithm/s in case scenarios and the final individual assessment
- Demonstrate a comprehensive, systematic approach using the primary, secondary survey to deliver emergency care to the critically ill adult and child.
- Identify early physiological deterioration and understand the use of appropriate treatment options in a timely manner
- Analyse and discuss treatment options, including the escalation or de-escalation of management choices in the trauma patient
- Demonstrate effective team leadership during the management of an emergency presentation
- Demonstrate effective and accurate clinical documentation and handover
CRANApplus Midwifery UpSkilling Course

- Are you often working alone or in isolation in your midwifery practice?
- Would you be confident in managing a midwifery emergency?
- Do you need to an update on current evidence-based practice?
Overview
The Midwifery UpSkilling Course (MIDUS) aims to provide an overview of current practice in antenatal, intrapartum and postnatal care. Included in MIDUS is current evidence of complications in pregnancy and birth, and the emergency management of a pregnant woman and her baby, with an emphasis on care in the remote and isolated setting.

Who is this course for?
MIDUS is designed to meet the learning needs of the maternity health workforce (Midwives and Medical Officers) who may be required to provide maternity care in remote and isolated settings.

Please note; if you are not a midwife or a GP with relevant obstetric experience you are not eligible for this course – please consider the Maternity Emergency Care Course, this will be more relevant for you.

Course Delivery
MIDUS consists of 3 components:

1. Online pre-course readings and activities
2. Attendance at a face to face workshop consisting of lectures, skill stations and practical based scenarios
3. An individual scenario based clinical assessment

Graduates of this course will be able to:

- Incorporate the principles of cultural safety in maternity care
- Demonstrate the principles of ante & postnatal care provision within a remote or isolated setting
- Demonstrate the principles of managing complications in pregnancy, labour and immediately following childbirth including:
  - Preterm labour
  - Bleeding in pregnancy
  - Diabetes
  - Hypertension in pregnancy
  - Pre-eclampsia / eclampsia
  - Cord prolapse
  - Breech birth
  - Shoulder dystocia
  - Neonatal resuscitation
  - Events requiring maternal resuscitation

Great course, loved the new format, interactive, thought provoking, creating real knowledge gains. Well done!
Benalle, VIC 2017
CRANApplus Basic Life Support Course

- Are you part of a health team that requires Basic Life Support (BLS) skills?
- Would you know how to save a life when there is no breathing or response present?
- Is BLS part of your organisation’s annual core competence requirement?
Basic Life Support (BLS) is an annual organisational requirement for all health workers and practitioners. The CRANApplus BLS course is designed to provide a flexible learning opportunity that will ensure best practice and is contextualised to the remote and isolated setting.

**Overview**
The CRANApplus BLS online module has been designed to provide the remote and isolated Health Practitioner with a flexible learning opportunity that enhances current knowledge and competency in BLS.

**Who is this course for?**
Registered Nurses, Registered Midwives, Enrolled Nurses, Aboriginal & Torres Strait Islander Health Practitioners, Paramedics, Ambulance Officers, Medical Officers, and other remote health practitioners.

It is ideally suited for Health Professionals practising in remote and isolated settings who require this skill set annually.

**Course Delivery**
CRANApplus BLS is offered in 2 formats

1. Online with an elearning module. Assessment is via an online multi-choice quiz and an individual BLS clinical assessment (this can be done by a local assessor or via Skype)

2. Face to face course consisting of lectures, skill stations and practical based scenarios with the theory assessment and the individual BLS clinical assessment completed while on course.

CRANApplus can also deliver BLS as a Unit of Competency HLTAID001 - Provide cardiopulmonary resuscitation
For a face to face course, please contact the Business Development Officer for further discussion.

**Graduates of this course will be able to:**
- Perform basic life support as per Australian Resuscitation Council guidelines
- Describe the components of the BLS algorithm (DRSABCD)
- List the steps in using an automated external defibrillator (AED) and safety precautions
- Discuss cessation of BLS
CRANAPlus Advanced Life Support Course (Blended One Day)

• Does your heart skip a beat when confronted with a cardiac emergency?
• Do you want to improve your management of adult cardiac arrest?
• Are you expected to be a competent Advanced Life Support provider?
Overview
The CRANAPlus One Day Advanced Life Support Course (ALS) is based on The Australian and New Zealand Committee on Resuscitation (ANZCOR) Guidelines and best practice principles. The course will provide the health workforce with the ALS skills required in the management of the patient prior, during and after a cardio respiratory arrest with an emphasis on care in the remote and isolated setting.

Who is this course for?
The ALS Course is designed to meet the learning needs of the health workforce (Nurses, Midwives, Paramedics, and Medical Officers) who may be required to provide ALS. This ALS course is contextualised for the remote and isolated practitioner who may be working in the environment with limited resources. The one day face to face workshop enables clinicians practice and develop their clinical skills in a simulated environment.

CRANAPlus recommends that ALS competency is achieved every two years.

CRANAPlus offer 2 delivery options to assist you
1. Advanced Life Support Course (Blended One Day)
2. Totally online course with Skype or face to face clinical assessment see https://crana.org.au/education/eremote/programs/advanced-life-support-online for details.

Course Delivery
ALS Course (Blended One Day) consists of 2 components:
1. Successful completion of online learning modules
2. Attendance at a 1 day face to face workshop consisting of lectures, skill stations and practical based scenarios
3. An individual scenario based clinical assessment

If you are seeking RACGP continuing professional development points you must also, in addition to the above, complete and submit a reinforcing activity.

Graduates of this course will be able to:
- Describe normal cardiac anatomy and physiology
- Incorporate advanced life support skills and knowledge in the management of cardio-respiratory arrest including post-resuscitation care
- Demonstrate an understanding of the concept of clinical deterioration
- Identify life threatening cardiac arrhythmias and 12 ECG changes
- Describe the legal, ethical and OH&S issues in relation to advanced life support
- Demonstrate complex clinical decision-making, effective team leadership and advanced communication skills in the management of cardio-respiratory arrest

Really friendly, made me feel comfortable and confident to improve my practice. I walked away feeling confident with ALS and if I were in that situation at work I would be able to perform well and hopefully save a life (RN 20-29). Narrogin, WA 2017
CRANAplus Paediatric Emergency Care Course

Do you experience anxiety with paediatric presentations?
Do you want to improve the emergency management of infants and children in remote or isolated practice settings?
Are you expected to be a competent Paediatric Life Support provider?
Overview
The CRANAplus Paediatric Emergency Care Course (PEC) is an interactive, practical course that covers aspects of the emergency management of children in the remote and isolated setting. The course aims to increase confidence with paediatric presentations and focuses on team leadership, communication and critical thinking in paediatric emergency situations. It is based on best practice principles and Australian Resuscitation Council guidelines providing the health workforce with:

- core paediatric emergency skills required in management of the critically and/or injured child in the remote and isolated setting
- core basic and advanced life support skills required for the management of paediatric cardio-respiratory arrest.

Who is this course for?
The course is designed to meet the learning needs of the remote, rural and isolated health workforce (Nurses and Midwives, Intensive Care Paramedics and Medical Officers) who may be required to provide urgent or emergency care to children. This course is at an advanced level.

Course Delivery
PEC consists of 4 components:
1. Online pre-course readings and assessments
2. Attendance at a face to face workshop consisting of lectures, skill stations and practical based scenarios
3. An individual scenario based clinical assessment and a documentation assessment

Graduates of this course will be able to:
- Demonstrate a comprehensive and systematic approach to the assessment and management of the critically sick and/or injured infant and child
- Incorporate paediatric basic and advanced life support skills and knowledge in the management of cardio-respiratory arrest including post resuscitation care
- Demonstrate an understanding of the concept of clinical deterioration and apply this knowledge to the early identification and management of the critically ill and/or injured infant and child
- Describe the legal, ethical and WH&S issues in relation to Paediatric Advanced Life Support
- Demonstrate complex clinical decision-making, effective team leadership and advanced communication skills in the management of cardio-respiratory arrest
- Demonstrate effective and accurate clinical documentation and handover.

A very practical hands on course. I came out feeling much more capable, competent, confident. Fantastic facilitators and good pace. Lots of scenario stations which were such a practical and dynamic way to learn.  
Darwin, NT 2017
CRANApplus Practical Skills Course

- Are you looking for a refresher in practical skills such as plastering, suturing, eye and ear assessment?
- Do you want to gain some practical skills for going remote?

PHOTO: AMY HILL
Overview
The CRANApplus Practical Skills Course (PS) is based on best practice principles and provides the health workforce with an opportunity to receive instruction in and practice of key skills needed in the remote and isolated setting including: ear assessment, management of eye injuries, wound closure, suturing and plaster back slabbing of upper and lower limbs.

Who is this course for?
The course is designed to meet the learning needs of the remote and isolated workforce (Nurses, Paramedics, Aboriginal and Torres Strait Islander Health Workers/Practitioners and Medical Officers) who may be required to utilise these practical skills in their workplace.

Course Delivery
PS consists of 2 components:
1. Online pre-course readings and assessments
2. Attendance at a 1 day face to face workshop consisting of lectures, skill stations and practical based scenarios.

Graduates of this course will be able to:
- Identify basic anatomy and common presentations of ear conditions and their assessment and management
- Demonstrate the use of an otoscope in ear examination
- Identify basic anatomy and common presentations of eye conditions/injuries and their assessment and management
- Develop knowledge of the pathophysiology and management of common fractures of upper and lower limbs including neurovascular assessment
- Apply the principles and identify complications of backslab application and removal
- Demonstrate backslab application to upper and lower limbs
- Describe the assessment and management of lacerations including simple wound closure using interrupted sutures
- Describe the use of local anaesthesia including digital blocks
- Demonstrate simple wound closure

“Very well organised and presented. I loved this course and can’t wait to implement my new skills.”
Leongatha, VIC 2017
CRANApplus
Practical Skills Triage Course

• Are you required to effectively and efficiently assess and triage emergency patients and primary presentations in your work?
• Are you looking for a refresher in practical skills such as plastering and suturing?
Overview
The CRANAplus Practical Skills Triage Course (PSTEC) is based on best practice principles and provides the health workforce with an opportunity to receive instruction in and practice key skills needed in the remote and isolated setting including: triage, suturing, and plaster back slabbing of upper and lower limbs.

Who is this course for?
PSTEC is designed to meet the learning needs of the remote, isolated and rural health workforce (Nurses, Paramedics, Aboriginal and Torres Strait Islander Health Practitioners/Workers and Medical Officers) who may be required to utilise these practical skills in their workplace.

Course Delivery
PSTEC consists of 2 components:
1. Online pre-course readings and assessments
2. Attendance at a 1 day face to face workshop consisting of lectures, skill stations and practical based scenarios.

The practical skills component of PSTEC can be negotiated with the Business Development Officer. These courses are delivered on an organisational basis with potential dates being provided on enquiry.

Graduates of this course will be able to:

- Demonstrate the principles of triage assessment techniques using a primary secondary survey approach;
- Understand the pathophysiology and management of common fractures of upper and lower limbs including neurovascular assessment
- Apply the principles and identify complications of backslab application and removal
- Demonstrate backslab application to upper and lower limbs
- Describe the assessment and management of lacerations including simple wound closure using interrupted sutures
- Describe the use of local anaesthesia including digital blocks
- Demonstrate simple wound closure

“Excellent day of upskilling with experienced practitioners, the course excellent and will definitely implement in my practice. Thursday Island, QLD 2017”
CRANApplus
First Line Triage Course

• Are you the first point of contact for patients in your health service?
• Are you required to assess patients for an appointment?
Overview
The First Line Triage Course (FLTC) focuses on the triage of patients and appointment management in a primary health setting. The course provides the primary health practitioner with the skills and knowledge to confidently assess patients and apply the principles of triage to ensure patients receive appropriate care.

Who is this course for?
FLTC is designed to meet the needs of the primary health care workforce especially medical receptionists, practice nurses and general practitioners who may be required to perform triage and appointment management.
These courses are delivered on an organisational basis with potential dates being provided on enquiry.

Course Delivery
FLTC consists of 2 components:
1. Online pre-course readings and assessments
2. Attendance at a 3 hour face to face workshop consisting of lectures, practical based discussions and activities.

Graduates of this course will be able to:
- Discuss the principles of triage assessment in a primary health setting
- Describe the challenges associated with triaging in a primary health setting
- Demonstrate an understanding of “The prioritisation of patients: A guide to urgency for non-clinical staff” (Popguns Triage Tool) and its implementation
- Develop an understanding of the medico-legal aspects of triage

Thoroughly informative. Presenters very approachable and knowledgeable.
Emerald, QLD 2017
CRANAplus Triage Emergency Care Course

- Are you required to effectively and efficiently assess and triage emergency patients and primary presentations in your work?
- Do you need to enhance your triage skills?
- Are you familiar with the Australasian Triage Scale and Emergency Triage Education Kit?
Overview
The CRANAplus Triage Emergency Care Course (TEC) is based on the Emergency Triage Education Kit (ETEK) with a focus on application for remote and isolated settings. The course upskills the triage practitioner to confidently assess clinical presentations and apply the Australasian Triage Scale to allocate an appropriate triage category.

Who is this course for?
TEC is designed to meet the learning needs of the remote, rural and isolated health workforce especially Nurses and General Practitioners who may be required to perform triage.

Course Delivery
TEC consists of 2 components;
1. Online pre-course readings and assessments
2. Attendance at a 1 day face to face workshop consisting of lectures and practical based scenarios and activities.

Graduates of this course will be able to:
- Demonstrate the principles of triage assessment techniques using a primary survey approach
- Demonstrate an understanding of the Australasian Triage Scale and its implementation in the workplace
- Develop an understanding of the medico-legal aspects of triage
- Develop an understanding of the unique differences between urban and rural triage practices
- Describe the techniques for physical assessment

Great course, good to refresh, knowledge & skills base. Thoroughly enjoyed presentations & interactivity. Adelaide, SA 2017
CRANApplus 4C’s Program
Communication, Consultation & Competency in Clinical Skills

- Are you required to effectively and efficiently use the PCCM or CARPA Manuals?
- Are you looking to improve your competency and communication during handover?
The 4C’s Program - Communication, Consultation and Competency in Clinical Skills workshop is designed to increase the confidence and capacity of Health Professionals to use the PCCM or CARPA Manual, to accurately document health care episodes and consult with doctors and nurses about client care to deliver safe, quality care in the remote setting.

The course is flexible and interactive and delivered in a face to face environment. It has a focus on using the PCCM/CARPA in everyday presentations in remote health services with an emphasis on using the guidelines for chronic disease health checks and consultation with a medical officer.

Who is this course for?
The 4C’s Program is designed to meet the learning needs of the remote and isolated health workforce (Aboriginal and Torres Strait Islander Health Workers/Practitioners, Nurses, Midwives and Medical Officers who may be required to utilise these skills in their workplace.

Course Delivery
The 4C’s Program consists of attendance at a face to face course that includes:
1. Lectures and scenarios with the topic areas common clinic presentations in the remote health setting.
2. Scenarios that involve the “deteriorating” patient.
3. Scenarios in which the participants communicate with a Medical Officer or Registered Nurse.

Graduates of this course will be able to:
- Describe and use a systematic patient assessment approach using Primary and Secondary Survey and the PCCM/CARPA Manual guidelines
- Refer to the PCCM/CARPA Manual to perform a medical consultation and to access the correct treatment protocol
- Describe and use a systematic patient assessment approach using Primary and Secondary Survey and the PCCM/CARPA Manual guidelines
- Understand the importance of good clinical documentation, verbal and written handover and be able to refer patients appropriately.

“Comfortable and relaxed type of learning. Great presenters that know how to explain things in simple terms.”

Darwin, NT 2016
CRANAPlus Trauma Preparedness Course

• Are you part of the team that needs to “go out in the ambulance”?
• Do you and your team members know your ambulance and equipment?
• Do you and your health personnel know about scene safety?
Overview
The CRANApplus Trauma Preparedness Course (TPC) focuses on the pre-hospital environment and is designed to prepare and upskill the remote and isolated workforce to work as a team to respond to medical emergencies and trauma.

TPC upskills primary health care and/or hospital personnel in the pre hospital early management of trauma. It includes safe extrication from vehicles and psychological education that explores ways of minimising difficult emotions that could lead to further complications if not addressed. TPC content can be modified according to needs of the health service.

Who is this course for?
You do not need to be a Health Professional to attend this course.

The course is designed to meet the needs of the remote and isolated workforce (Nurses, all purpose Orderlies/Wardpersons/Ambulance Drivers, Aboriginal and Torres Strait Islander Health Workers/Practitioners) who may be required to provide an emergency ambulance service.

CRANApplus actively encourage a mix of health personnel to participate to promote the practice of teamwork.

These courses are delivered on an organisational basis with potential dates being provided upon application.

Course Delivery
The CRANApplus Trauma Preparedness course consists of:

1. Attendance at a 2 day face to face workshop consisting of lectures, skill stations and practical based scenarios.
2. Attendance at a Bush Support Services session on exploring ways of minimising difficult emotions that could lead to further complications if not addressed
3. Completion of an on course Basic Life Support multi-choice quiz
4. Basic Life Support clinical assessment

Graduates of this course will be able to:

- Describe and implement a systematic patient assessment
- Demonstrate the principles of management for the acutely ill and the trauma patient in the pre hospital setting
- Demonstrate and apply the principles of managing an incident involving multiple casualties
- Demonstrate competence in clinical skills; airway, breathing, circulation spinal immobilisation and extrication from vehicles
- Describe types and management of common maternity emergencies
- Demonstrate awareness and use of ambulance equipment
- Perform Basic Life Support as per Australian Resuscitation Council guidelines
- Demonstrate awareness and identify coping mechanisms in a traumatic event or unexpected death

—I found this course really worthwhile it has taught me a lot and it was good to brush up on my skills. Thankyou for teaching the correct and safe use of the stretcher and the moving of patients from stretcher to bed and vice versa and I really enjoyed the skills stations. — Longreach, QLD 2017
CRANAplus eRemote is an online learning platform that assists with the challenges facing those who practice health and live in remote, isolated and rural settings who have limited access to education opportunities. It provides courses that are current and based on the principles of best/evidence based practice. It also enables health professionals to complete core mandatory and clinical training in their own time at a pace that is suitable to their learning needs.
CRANAplus eRemote online education programs provide convenient access to specialised training, wherever and whenever you need it. All health professionals working or preparing to work in the remote and isolated health sector can access CRANAplus online education. You can complete your core mandatories and clinical upskilling training at your own pace, in your own workplace. CRANAplus provides an experienced remote clinical educator to provide support via phone, Skype and email.

The full selection of the CRANAplus eRemote Online Education can be found at: www.crana.org.au/education/online education.

I am very impressed with the courses. As a “mature-aged” RN and second year out....these courses have offered me an opportunity to review areas I felt were not fully covered in my degree, to upskill and for ongoing education. My nemesis is ECG’s and cardiac related events...CRANAplus has given me the chance to really get to grips with this...and have the material at my fingertips for future reference. So hearty thanks to all at CRANAplus. Denmark WA

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CRANApplus Aboriginal and Torres Strait Islander Remote Emergency Care Course

- Are you an Aboriginal and Torres Strait Islander Health Worker/Practitioner working in a remote or isolated health care setting?
- Are you required to be competent in Basic Life Support?
- Do you need to have up to date knowledge and skills in the assessment and management of trauma and/or medical emergencies?
Overview
The Aboriginal and Torres Strait Islander Remote Emergency Care course is designed to upskill Health Workers/Practitioners to manage trauma and medical emergencies in the remote and isolated health care setting, using the DRABCD primary and secondary survey approach.

The Aboriginal and Torres Strait Islander Remote Emergency Care course content can be modified according to the needs of the health service, with a first aid component or focus as required.

Who is this course for?
The course is designed to meet the learning needs of all Aboriginal and Torres Strait Islander Health Workers/Practitioners.

Please note: Aboriginal and Torres Strait Islander Health Practitioners are also eligible to attend any multidisciplinary REC course.

Course Delivery
The Aboriginal and Torres Strait Islander Remote Emergency Care course consists of 4 components:

1. Attendance at a 3 day face to face workshop consisting of lectures, skill stations and practical based scenarios
2. Completion of an on course Basic Life Support multi-choice quiz
3. Basic Life Support clinical assessment
4. An individual scenario based clinical assessment

Graduates of this course will be able to:

- Identify the process to respond in a safe, timely and appropriate manner to an emergency in the remote context including using equipment, communication systems, transport and retrieval
- Demonstrate an understanding of the principles of management for the severely ill or injured patient in the remote setting
- Demonstrate a systematic approach to primary and secondary survey
- Demonstrate immediate life support skills required in the management of the critically ill patient
- Recognise the role of the Aboriginal & Torres Strait Islander Health Practitioner/Worker in the management of the critically unwell patient
- Perform basic life support as per Australian Resuscitation Council guidelines

Recommend ALL ATSI Health workers to do training. Really enjoyed every part of course. Very happy/impressed. Thank you very much for your time and support and expertise. These skills add value to our roles – provides us with confidence to perform within our scope and as well as provide assistance and support to clinical team on outer islands/remote communities. Thursday Island, QLD 2017
CRANApplus Aboriginal and Torres Strait Islander Maternity Emergency Care Course

- Does a pregnant woman coming to your clinic make you feel nervous?
- Would you know what to do if a pregnant woman came to your clinic/hospital in labour and there was no midwife available?
- Can you give good care, within your scope of practice to pregnant women?
Overview
The Aboriginal & Torres Strait Islander Maternity Emergency Care Course is designed to upskill Aboriginal and Torres Strait Islander Health Workers/Practitioners to provide emergency care for pregnant women and their babies in the remote setting.

The Aboriginal & Torres Strait Islander Maternity Emergency Care course content can be modified according to needs of the health service, with male and female specific courses available.

Who is this course for?
The course is designed to meet the learning needs of all Aboriginal & Torres Strait Islander Health Workers/Practitioners.

Please note: Aboriginal & Torres Strait Islander Health Practitioners/Workers are also eligible to attend any multidisciplinary MEC course.

Course Delivery
The Aboriginal & Torres Strait Islander Maternity Emergency Care Course consists of 3 components:

1. Attendance at a 3 day face to face workshop consisting of lectures, skill stations and practical based scenarios
2. Completion of an on course multi-choice quiz
3. Completion of an individual scenario based clinical assessment

Graduates of this course will be able to:

- Demonstrate the principles managing an unexpected birth in a remote and isolated setting
- Demonstrate the principles of giving first line emergency care to a woman in labour and immediately following childbirth
- Identify appropriate responses to the following maternal and neonatal complications:
  - Vaginal bleeding in pregnancy
  - Hypertension
  - Pre-eclampsia
  - Maternal trauma
  - Pre-term labour
  - A baby requiring resuscitation after birth
  - Post-partum haemorrhage
- Develop strategies for providing timely referrals to trained maternity service providers and newborn health services in geographically isolated regions.

“Comfortable and relaxed type learning. I really enjoyed the 3 days. Both facilitators were informative and knowledgeable. Great presenters—very patient—explaining in simple terms. It was really good. Katherine, NT 2015
CRANApplus Mental Health Emergencies Course

- Are you confident of your ability to manage mental health emergencies?
- Would you like to develop your skills in responding to acute mental illness and severe distress?
- Are you required to deal with substance-affected persons in your workplace?
The remote and isolated health workforce frequently identify that they feel inadequately equipped to manage acute mental health issues, substance affected patients, and episodes of acute distress resulting from attempted/completed suicide and other traumatic events. This course aims to build participant confidence in responding to such issues.

**Overview**
The Mental Health Emergencies Course (MHE) is designed to enable the remote health staff to develop the knowledge and skills necessary to respond with confidence when encountering acute mental health issues, substance affected patients and episodes of acute distress resulting from attempted/completed suicide and other traumatic events.

**Who is this course for?**
The MHE is designed to meet the learning needs of the remote and isolated health workforce (Nurses, Midwives, Aboriginal & Torres Strait Islander Health Workers/Practitioners, Paramedics and Medical Officers) who encounter acute mental health issues, substance affected patients and episodes of acute distress resulting from attempted/completed suicide and other traumatic events that occur in the remote and isolated setting.

The MHE course can be modified according to needs of the health service and be delivered on an organisational basis. Participants should contact rod@crana.org.au for more information.

**Course Delivery**
MHE consists of 2 components:
1. Online pre-course readings
2. Attendance at a one-day face-to-face course.

**Graduates of this course will be able to:**
- Effective communication in mental health
- Mental health assessment
- Mental health emergencies: Acute distress – acute mental illness
- Managing acute mental disturbance – current best practice in the remote & isolated health context
- Managing acute intoxication and withdrawal – current best practice in the remote & isolated health context
- Self-harm and suicide: Threatened, attempted, completed
- Debriefing & clinician wellbeing (optional)
CRANApplus Responding to Aggression and Violence Course

- Would you like to increase your confidence in dealing with aggression?
- Are you prepared to encounter workplace violence?
- Do you recognise bullying and harassment?
Designed in response to industry identified training needs and workplace priorities, the Responding to Aggression & Violence course allows the remote health workforce to develop the knowledge and skills necessary to respond with confidence to instances of aggression and violence in a remote setting.

Overview
The Responding to Aggression and Violence course (RAV) is designed to enable the remote health staff to develop the knowledge and skills necessary to respond with confidence to incidences of aggression and violence in a remote health setting.

Who is this course for?
RAV is designed to meet the learning needs of the remote and isolated health workforce (clinicians, managers, administrators and support staff) who may be confronted by episodes of aggression and violence in the remote and isolated setting. The RAV course can be modified according to needs of the health service and be delivered on an organisational basis. Participants should contact rod@crana.org.au for more information.

Course Delivery
MHE consists of 2 components:
1. Online pre-course readings
2. Attendance at a one-day face-to-face course.

Graduates of this course will be able to:
- Background: Definition of workplace violence, staff rights & responsibilities
- Communication process & strategies
- De-Escalation process & strategies
- Self risk assessment tools: Rapid Risk Assessment; Safety Flow Charts; Safety Audit
- Responding to violence: Effective use of alarms, equipment, & facilities; breakaway moves
- Self-care & resilience: Recognising and responding to bullying & harassment
- Travel safety (optional)
CRANAnplus Remote Management Program

- Would you like to increase your confidence in leadership and management?
- Do you understand the role of Clinical Governance?
- Do you need project management skills?
Overview
The Remote Management Program (RMP) is designed to enhance and broaden the manager’s existing expertise regarding leadership and management, clinical governance and project management underpinned by an action learning approach.

Who is this course for?
RMP is designed to meet the learning needs of managers, acting managers and aspiring managers who work in a remote and isolated health setting.

Course Delivery
RMP consists of three components:
1. Completion of four on-line learning modules;
2. Attendance at a two day face-to-face workshop to consolidate learning through topic sessions, group discussions and small group activities
3. Participate as a mentee in the ACHSM mentoring program to be supported in their management role. See CRANApplus website for more information.

Graduates of this course will be able to:
- Reflect upon and enhance their management skills
- Describe their leadership and management attributes necessary for the implementation of a quality improvement project
- Outline Clinical Governance, their roles and responsibilities and application in remote settings
- Undertake a workplace needs analysis
- Plan, develop, implement and evaluate their quality improvement project
- Undertake an evaluation project report

“I have found the modules useful and they have given me the big picture about managing a clinic. I only wish they were around ten years ago when I was struggling to understand what I was supposed to do in the role of manager…I gained some good ideas and appreciated the situations others were in.” Alice Springs, NT 2016
Organising a CRANAplus Education Course for your Workforce

Employers, have you considered your staff professional development needs for the upcoming year?

CRANAplus can provide courses specifically for your organisation that are flexible, affordable and tailored to meet the professional development requirements of your workforce.

As a Registered Training Organisation (RTO) CRANAplus develops training for the remote and isolated health workforce and schedule courses all over Australia. CRANAplus courses meet requirements to work in remote and isolated health and provide valuable continuing education and professional development for all health professionals.

We are happy to discuss your requirements and tailor our courses to meet the needs of your workforce.

Weekend or weekday! We’re ready!

For further information email: liz@crana.org.au or call 07 4047 6407

CRANAplus Facilitators

CRANAplus is well known for the calibre of our volunteer facilitators who are drawn from a wide range of health disciplines. Our facilitators are highly skilled and experienced health professionals who understand the challenges of the remote and isolated areas of Australia.

We are always looking for appropriately skilled health professionals to volunteer to help run CRANAplus courses. If you would like to express an interest in being considered to become a facilitator with CRANAplus please contact our Cairns office on 07 4047 6400 or email liz@crana.org.au.
CRANAplus provides education, support and professional services, while representing the remote health sector Australia-wide. Established in 1983 as the Council for Remote Area Nurses of Australia, CRANAplus has built on a proud heritage of remote area nursing – evolving into a multidisciplinary organisation that reflects the diverse nature of all health disciplines working in remote and isolated communities. CRANAplus is an independent, member driven, non-profit organisation, and one of the longest established bodies of its kind in Australia. Our ultimate goal at CRANAplus is to strengthen the health and wellbeing of all people living and working in remote and isolated Australia.

“I love living and working in a unique community, in a special part of the country. Remote Area Nurses play a vital role for our people and region. CRANAplus training ensures our knowledge and skills are the forefront of practice. And they provide the support and networks we need every day to continue providing effective healthcare in remote and isolated areas”. Harts Range, NT

Connect with us on Social Media:

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Flickr.com/CRANAplus

CRANAplus acknowledges the Aboriginal and Torres Strait Islander peoples as the traditional custodians of Australia, many of whom live in remote areas, and pays its respect to their Elders both past and present. CRANAplus contributes significantly to improving the health of Aboriginal and Torres Strait Islander peoples by building the strength of the remote and isolated health workforce.
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