

## **CRANApplus Bush Support Services: ‘Supporting the Carers’ – Response to the New South Wales Drought**

From March to May 2019, CRANApplus Bush Support Services Psychologists has commenced Roadshows and f2f mental health interventions, including free workshops promoting positive mental health and resilience, to health, allied health and other community workers in the undermentioned areas:

### **Upcoming Workshop Dates:**

| <b>Date</b>                     | <b>Time</b>       | <b>Location</b> |
|---------------------------------|-------------------|-----------------|
| <b>20<sup>th</sup> May 2019</b> | 11:00am – 1:00pm  | Moruya          |
| <b>21<sup>st</sup> May 2019</b> | 11:00am – 1:00pm  | Cooma           |
| <b>22<sup>nd</sup> May 2019</b> | 10:00am – 12:00pm | Goulburn        |
| <b>23<sup>rd</sup> May 2019</b> | 11:00am – 1:00pm  | Griffith        |

*(for further information re dates, times and venues, kindly contact M. 0458 635 888*

### **Past Workshop Dates:**

| <b>Date</b>                       | <b>Time</b>      | <b>Location</b>     |
|-----------------------------------|------------------|---------------------|
| <b>04<sup>th</sup> March 2019</b> | 9:00am – 11:00am | Wagga Wagga         |
| <b>05<sup>th</sup> March 2019</b> | 8:30am – 10:30am | Hay                 |
| <b>06<sup>th</sup> March 2019</b> | 11:00am – 1:00pm | Gunnedah            |
| <b>07<sup>th</sup> March 2019</b> | 11:00am – 1:00pm | Tamworth (Nemingha) |
| <b>20<sup>th</sup> March 2019</b> | 11:00am – 1:00pm | Moree               |
| <b>21<sup>st</sup> March 2019</b> | 11:00am – 1:00pm | Walgett             |
| <b>01<sup>st</sup> April 2019</b> | 11:00am – 1:00pm | Narrabri            |
| <b>03<sup>rd</sup> April 2019</b> | 11:00am – 1:00pm | Tenterfield         |
| <b>01<sup>st</sup> May 2019</b>   | 11:00am – 1:00pm | Broken Hill         |
| <b>06<sup>th</sup> May 2019</b>   | 9:00am – 11:00am | Orange              |
| <b>06<sup>th</sup> May 2019</b>   | 2:00pm – 4:00pm  | Orange              |
| <b>07<sup>th</sup> May 2019</b>   | 12:00pm – 2:00pm | Dubbo               |
| <b>08<sup>th</sup> May 2019</b>   | 11:00am – 1:00pm | West Wyalong        |
| <b>09<sup>th</sup> May 2019</b>   | 12:30pm – 2:30pm | Bathurst            |
| <b>13<sup>th</sup> May 2019</b>   | 11:00am – 1:00pm | Bourke              |

### **Past Roadshow Towns Visited:**

Wagga Wagga, Lockhart, Urana, Jerilderie, Berrigan, Finley, Deniliquin, Hay, Hillston, Griffith, Leeton, Narrandera, Coolamon, Temora, Young, Harden, Cootamundra, Junee, Gundagai, Tumut, Batlow, Tumbarumba, Hollbrook, Albury, Gunnedah, Tamworth, Uralla, Bendemeer, Nundle, Armidale, Barraba, Narrabri, Bingara, Delungra, Inverell, Glen Innes, Tenterfield, Broken Hill, Menindee, Wilcannia, Orange, Dubbo, West Wyalong, Bathurst, Bourke.