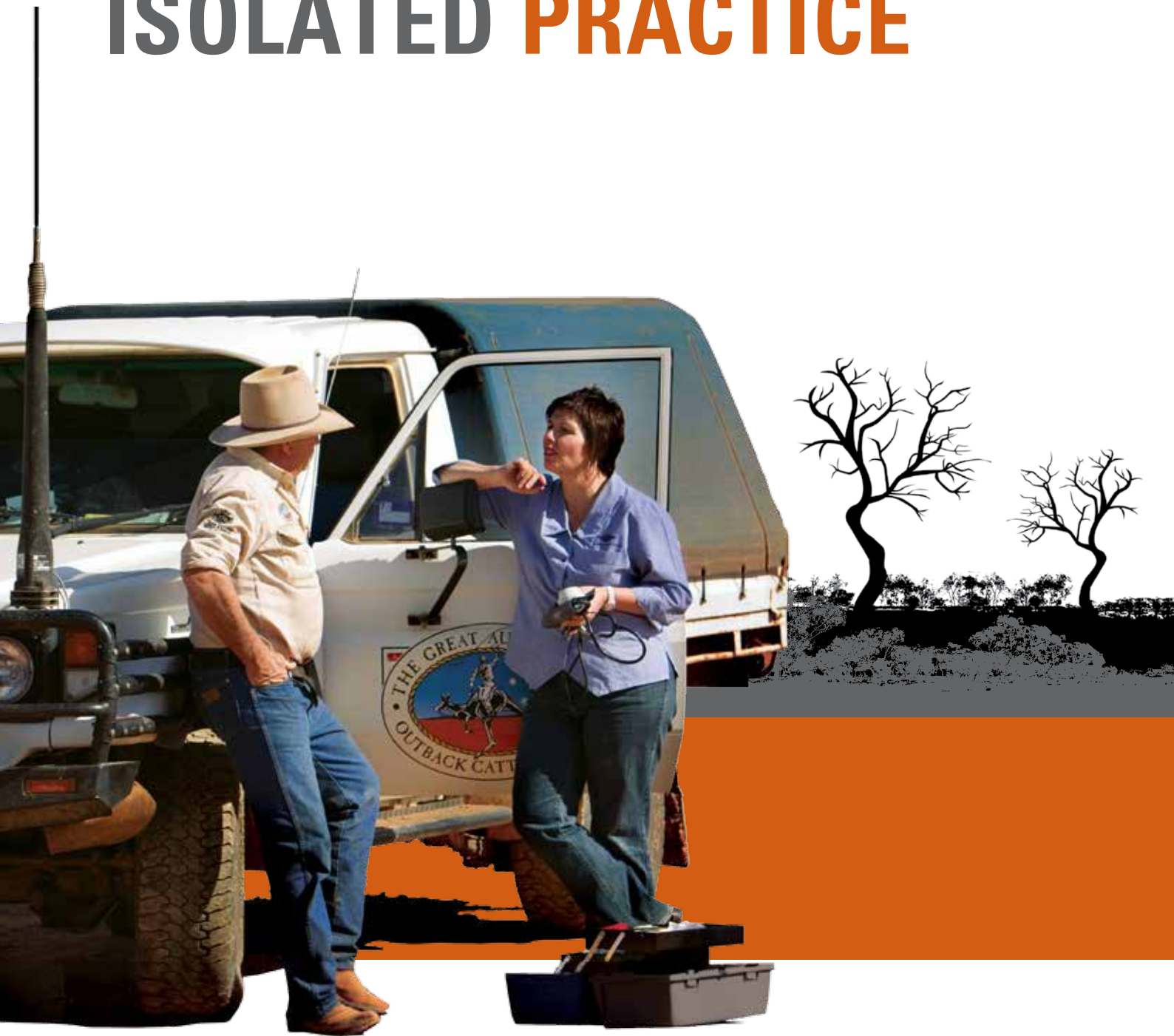


RAN CERTIFICATION

# NURSING IN REMOTE AND ISOLATED PRACTICE



RANs setting the bar for their professional practice

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## CRANaplus is committed to the delivery of high quality, practical and relevant programs and services, which aim to build the capacity of the remote health workforce in the provision of competent, safe and quality health care.

For over 30 years, CRANaplus has been providing education, support and professional services for the remote and isolated health workforce of Australia. The values of CRANaplus include integrity, social justice, respect, inclusiveness and excellence in all that we do.

### What is a CRANaplus RAN Certification?

A CRANaplus Remote Area Nurse (RAN) Certification provides a nurse with the requisite skills, knowledge and experience to be responsive to the fundamental health needs of their remote, rural and/or isolated community, employer and patients. The Professional Standards of Remote Practices for nurses is the foundation that guides the minimum standards for quality and safe remote nursing care.

### Do I need to obtain a RAN Certification to work in remote and isolated areas?

It is preferable for nurses who are working or thinking of working in remote or isolated areas of Australia to undertake the Certification process.

### Benefits of undertaking Certification process

#### Nurse

- Professional recognition
- Driven by our profession
- Aspirational career development opportunity
- Ability to move between employers/jurisdictions without having to 're-do'
- Defines a minimum standard for the provision of competent, safe, quality care
- Clarity and confidence in scope of practice
- Clarity on educational preparation and study requirements

#### Patient

- Clear expectations of the standard of care
- Comprehensive Primary health care approach
- Caring for individuals, families and entire community
- Access to safe, quality nursing care regardless of location

#### Health Service

- Nationally recognised
- Minimum Standard of knowledge and skill for the provision of competent, safe, quality care
- Improved Clinical Governance
- Retention (improved)

### Certification Process

The CRANaplus RAN Certification model uses a flexible self-assessment approach which is adaptable to the unique needs of each individual nurse. This Certification process is for nurses to measure and demonstrate their practice against the 9 Professional Standards of Remote Practice, which CRANaplus believes is the minimum standard requirement for remote and isolated practice.

These professional standards form the basis of the CRANaplus RAN Certification process and are a contributing factor in the provision of more reliable, consistent, high quality, accessible healthcare delivered by suitably skilled, experienced and recognised Remote Area Nurses.

### How do I navigate the Certification process?

- Register online at [www.cranaplus.org.au](http://www.cranaplus.org.au)
- Commence a self-assessment against the 9 Professional Standards, each with set criteria
- Provide/upload evidence of relevant education, training, and qualifications
- Submit the application to be assessed, notification can be expected within 21 days
- You will either receive one of the following:
  - CRANaplus RAN Certification; or
  - CRANaplus RAN pending Certification
- Certification will be posted on 'my dashboard' on the CRANaplus website

### CRANaplus RAN Certification

- CRANaplus RAN Certification is valid for 3 years.

### Pending RAN Certification

- If pending RAN Certification is issued, the individual will work with CRANaplus personnel to develop a Professional Development Work Plan. Full certification can be achieved at any stage during the 3-year period, once the minimum standards are achieved.

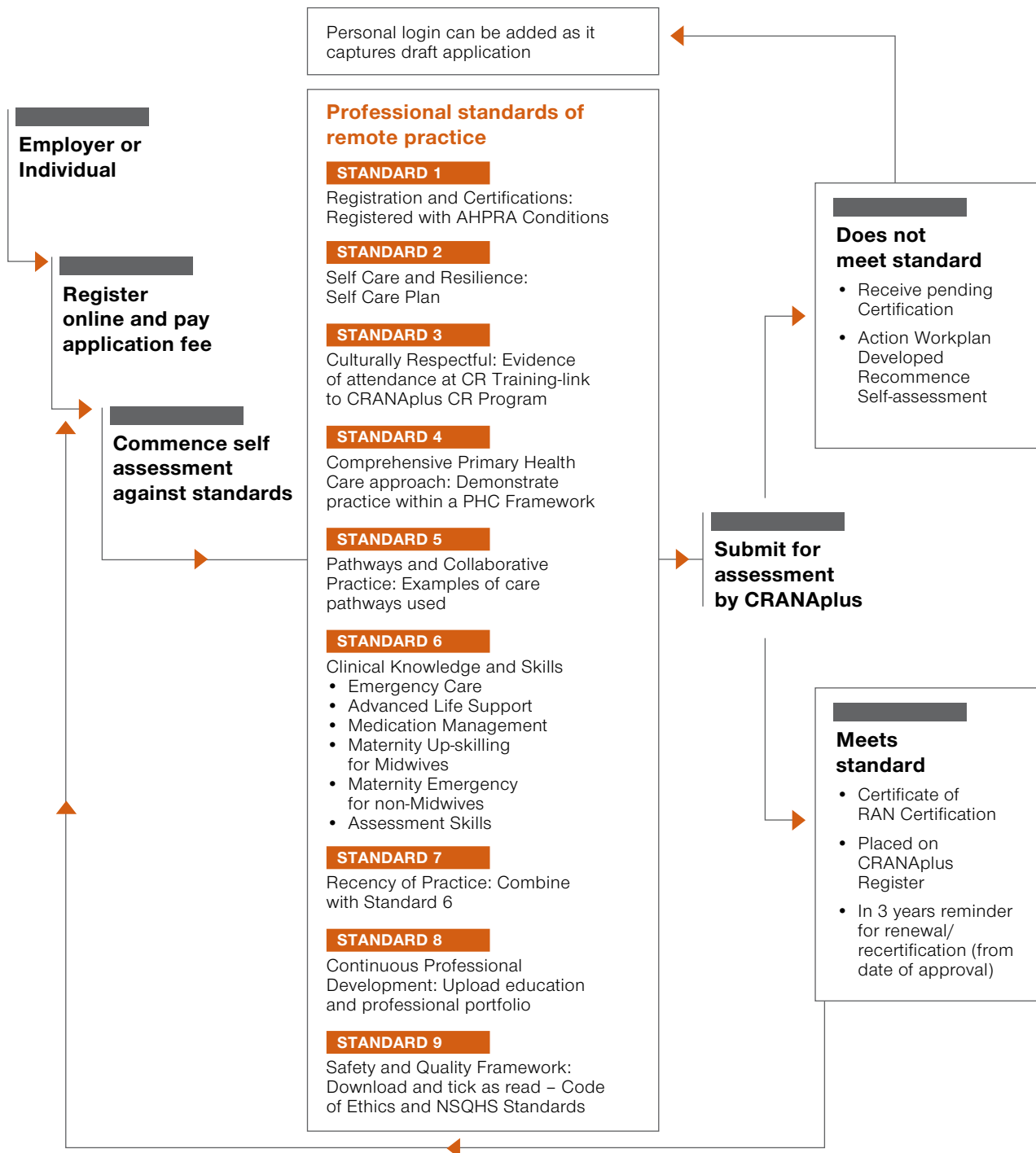
### Appeal Process

- If the individual believes the pending status of certification should not have been granted, the application is subject to submission of an 'appeal' against the reasons for rejection within one month.

Withdrawals that occur prior to the completion of a certification RAN period will not attract a refund of fees for the period.

# THE RAN CERTIFICATION PROCESS

## Online self-assessment



### THE BENEFITS

**Consumer**

A safe, consistent, high quality of accessible healthcare.

**Remote Area Nurse**

Professional recognition of specialist role with clarity and confidence around scope of practice.

**Employers**

Improve Clinical Governance with minimum standards of safe health care and improved recruitment and retention.

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## PROFESSIONAL STANDARDS OF REMOTE PRACTICE

The individual nurses/ midwives must demonstrate that they comply with the following Standards.

### STANDARD 1

**Has appropriate registration, endorsement or eligibility for practice and works in accordance with the Professional Standards for the Nurse/Midwife (NMBA)**

**Knowledge** Understands the relevant Standards, guidelines, statutes, codes of conduct and ethics that govern practice.

**Skills** Practices in accordance with legislation, policies, codes, standards and uses reflective practice.

**Attitude** Values the contribution of the standards and codes for professional practice.

#### What must I do?

To meet Standard 1 you must provide evidence of the following:

1. Current registration as a enrolled nurse, registered nurse, midwife and/or nurse practitioner with the AHPRA
2. Current endorsement as applicable
3. Have an understanding of Code of Professional Conduct for Nurses/Midwives in Australia
4. Have an understanding of Code of Ethics for Nurses/ Midwives in Australia

### STANDARD 2

**Maintains own health, wellbeing and resilience within a professional, safe working environment**

**Knowledge** Understands personal and organisational interventions and systems that promote coping and resilience for self, colleagues and the organisation.

Understands the Workplace Health and Safety policy relating to employers and employees duties.

**Skills** Uses reflective practice; identifies coping strategies to maintain health and wellbeing.

Identifies actions and interventions to control risks associated with safety in the workplace; identifies avenues of support within and external to the community.

**Attitude** Values self-care strategies to maintain and enhance emotional, physical and psychological wellbeing.

Acknowledges the importance of a safe work environment that promotes personal health, wellbeing and resilience.

#### What must I do?

To meet Standard 2 you must describe:

1. Your own self care plan detailing how you maintain your health, wellbeing and resilience when working in a remote and/or isolated area of Australia

### STANDARD 3

**Practices within a culturally respectful framework**

**Knowledge** Understands the importance of cultural and social context in delivery of holistic health care.

**Skills** Develops strategies in collaboration with stakeholders, communities in the delivery of care, consistent with the needs of individuals in a cultural, social, emotional, spiritual, mental and physical context.

**Attitude** Advocates for culturally appropriate practices, respects the cultural values and beliefs of all groups and individuals.

#### What must I do?

To meet Standard 3 you must provide:

1. Evidence of education, activities or professional development you have undertaken in the past 2 years relating to culturally respectful and safe client care

### STANDARD 4

**Practices within a Comprehensive Primary Health Care model of service delivery**

**Knowledge** Primary Health Care framework of practice, inclusive of the social determinants of health.

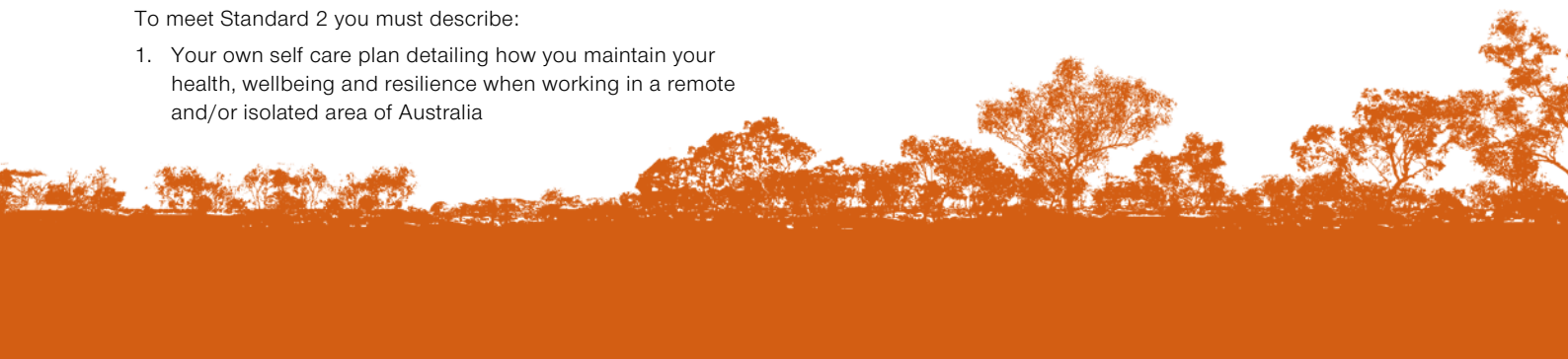
**Skills** Collaborates and engages with consumers and community to develop, activate, and evaluate comprehensive health care.

**Attitude** Values the concept of consumer/carer participation.

#### What must I do?

To meet Standard 4 you must demonstrate:

1. An understanding of the elements of a comprehensive primary health care approach
2. An understanding of comprehensive primary health care across the life span, i.e. neonatal, child health, maternity care, adolescent chronic conditions, mental health and aged care
3. Using a comprehensive primary health care approach describe the activities/ programs and health outcomes reflective of safe, quality care for your clients, their families and the wider community



## STANDARD 5

### Works within care pathways, and develops networks of collaborative practice

**Knowledge** Principles of collaborative, multidisciplinary and interagency care. Demonstrates care pathways relevant to own scope of practice specific to the setting.

**Skills** Has the skills and abilities to demonstrate:

- High level of interpersonal communication skills that promotes engagement with clients/ client groups, other health professionals, and other stakeholders
- Partnering and collaboration, involving client, their family and community
- Utilisation of established networks, and identifying new opportunities.

**Attitude** Values partnerships and collaborative practice.

### What must I do?

To meet Standard 5 you must:

1. Demonstrate an understanding of the essential role collaborative professional relationships play in delivering health services to remote and isolated communities across Australia, such as:
  - Collaborative practice
  - Inter professional practice
  - Multidisciplinary practice
  - Interdisciplinary practice
  - Inter agency collaboration
2. Demonstrate an ability to describe collaborative practices when dealing with an episode of client care, inclusive of consultations, networks and referral pathways, with other health professionals
3. List the clinical guidelines that guide your practice

## STANDARD 6

### Has a level of clinical knowledge and skills to safely undertake the role

**Knowledge** Holistic and evidence-based practice, and a well developed understanding of scope of practice.

**Skills** Has the skills and abilities to undertake clinical assessment and decision-making; and participates in peer reviews and audit processes.

**Attitude** Accounts for and accepts responsibility for own judgments and actions.

## STANDARD 7

### Has a period of recent clinical practice in a remote and isolated location within the past 5 years

### What must I do?

To meet Standards 6 and 7 you must provide:

1. Evidence of your current qualifications and ongoing education courses, which have provided you with the knowledge, skills, attitudes and behaviours specific to remote and isolated nursing/ midwifery practice.
  - Emergency Care
  - Advanced Life Support
  - Medication Management
  - Maternity Up-skilling for Midwives
  - Maternity Emergency for non-Midwives
  - Assessment skills



## PROFESSIONAL STANDARDS OF REMOTE PRACTICE

The individual nurses/ midwives must demonstrate that they comply with the following Standards.

### STANDARD 8

**Has an ongoing commitment to education relevant to practice in the remote environment**

**Knowledge** Commitment to learning and professional development appropriate to the role.

**Skills** Demonstrates on-going participatory teaching and learning for self and others.

**Attitude** Values the contribution of professional development, leadership, research, and life long education.

#### What must I do?

To meet Standard 8 you must be able to provide:

1. Evidence of undertaking continuing professional development activities within your current professional portfolio
2. Evidence of your commitment to the advancement of self and others' professional development relevant to remote and/or isolated practice

### STANDARD 9

**Practices within a Safety and Quality framework**

**Knowledge** National Safety and Quality Health Service Standards (NSQHS) and other Standards relevant to practices.

**Skills** Incorporates these principles into own practice. Uses reflective practice to analyse own needs for improvement.

**Attitude** Commitment to quality care, and willingly participates in activities to continuously improve services and performance.

#### What must I do?

To meet Standard 9 you must:

1. Have a knowledge and understanding of the following Standards that guide and shape your practice:
  - National Safety and Quality Health Services Standards
  - Guide to NSQHS Standards for Community Care Services
  - A Clinical Governance Guide for remote and isolated health services in Australia
  - Workplace Health and Safety
2. Describe your active participation in quality improvements activities in the workplace, which are aligned to NSQHS Standards or other Standards relevant to your practice.

It is CRANAplus' expectation that each individual nurse will be responsible for achievement and maintenance of their own certification to best meet their professional obligations, or be working toward certification as part of their professional development plan.

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The peak professional body for the  
remote and isolated health workforce

